# **Work Place Chaplaincy Scotland**

If you are interested in workplace chaplaincy please discuss it first with your rector/priest-in-charge, and, with that support thereafter please inform Rev Elaine C Garman 01307 463440/07733151458, <a href="mailto:revelainegarman@outlook.com">revelainegarman@outlook.com</a>, Lay Ministries Coordinator.

Further information can also be obtained from <a href="http://www.wpcscotland.co.uk/">http://www.wpcscotland.co.uk/</a>

## Work Place Chaplaincy Scotland - Foundation module training

Work Place Chaplaincy Scotland offer foundation modular training. Should you be interested in any of these modules please contact their Administrator, Liz Mackie, on <a href="mailto:liz.mackie@wpcscotland.co.uk">liz.mackie@wpcscotland.co.uk</a>. The modules are delivered by video conference.

### An Introduction to Work Place Chaplaincy (half day) - Foundation

If you want to know more about WPCS and you are interested in becoming a volunteer Chaplain, then this is for you! This introductory module helps you to understand the structures of WPCS and where you fit into the organisation. What is chaplaincy and what defines it from other arms of ministry and pastoral care? What is the theological understanding of the purpose and functions of chaplaincy? What are some of the skills required? How might it fit into your local workplace community and church context?

#### **An introduction to Active Listening** (half day) - Foundation

There are many variations on 'Active' or 'Effective' listening. It is important to recognise the unusual context in which many chaplains operate; in many cases this changes the dynamic of how a listening exercise is conducted. This module helps Chaplains to understand the dynamics of meaningful conversation, be aware of the barriers to good listening, promote good listening practice and identify what skills need to be strengthened.

#### **Engaging in Organisational Cultures** (half day) - Foundation

Organisational Cultures or Dynamics are the way in which people in a large company or organisation behave and react to each other and this module aims to help you know more about how those individuals can be enabled to work more effectively together — by oiling the cogs! That's a phrase often used to describe chaplaincy. As chaplains we are not an additional part of an organisation's 'machinery'. Nor are we an improvement on, or replacement for, any part of that machinery. Rather we work with

and between what already exists, enabling it to run smoothly, more efficiently and reducing friction.

### **Confidentiality and Safeguarding** (half day) - Foundation

What levels of confidentiality exist in workplaces and how do Chaplains apply confidentiality during workplace visits? Do staff have confidence in our confidentiality? This module explores 4 types of confidentiality Chaplains need to consider, the limits of confidentiality, the tools Chaplains use to build confidence in the workplace and the pitfalls which destroy it. We also examine how we apply our safeguarding policy in the workplace.

## **Building Resilience in the Workplace** (half day) - Foundation

Life is unpredictable! We cannot control our environment. No matter how well we plan, the unexpected will, at some point, happen. This may be in the form of small daily events, such as a train drivers' strike causing disruption to your journey, or major life events such as unexpected illness, death, unemployment etc. This interactive training module is designed to help you identify individual and corporate resilience levels; differentiate between planning and crisis management; anticipate pinch points and influence positive outcomes; understand how to build resilience levels; understand and encourage motivation and positive reactions and recognise signs of dropping resilience levels.

#### Trauma in the Workplace

Emotional and psychological trauma is the result of unusually stressful and often unexpected events that affect an individual's sense of safety security and control. This seminar aims to help you understand causes of and vulnerability to trauma; recognise symptoms of emotional and psychological trauma; recognise signs of unresolved trauma; and understand the role you can take in trauma support.

#### **Supporting People Through Redundancy**

Redundancy. Loss. Hope?

What is redundancy and who is affected? A sense of loss and bereavement for the individual and the organisation. How do we as Chaplains bring compassion, hope and practical support to those experiencing redundancy and to those that remain? The role of listening, resilience, signposting and pastoral care to all those affected.

#### **Bereavement Awareness**

We will all encounter people who have been bereaved, either after illness or more suddenly following a traumatic incident. While the terms bereavement and grief are often used interchangeably, bereavement refers to the state of loss while grief is the

reaction to loss, particularly to the loss of someone or something to which a bond was formed. This seminar will help you to understand the causes of bereavement; recognise its symptoms and effects; understand positive and negative interventions; be aware of possible preparation and understand corporate bereavement and possible interventions.

In order to book a place on any of the above Foundation modules please contact: Liz Mackie, Administrator on <a href="mailto:liz.mackie@wpcscotland.co.uk">liz.mackie@wpcscotland.co.uk</a> or 07702 876345