PRAYER WALK AROUND THE HOUSE AND GARDEN

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We have been confined to our homes for a number of weeks and for some it has been a sanctuary, for others it hasn't been so good. This week I am suggesting that we take a prayer walk round our house and garden, thinking about those who don't have a place they can call home, those who are refugees and those who are homeless, those who don't feel safe at home because of abuse, those who may lose their homes because their livelihood is threatened.

Perhaps you might like to take an ornament, a book, or something which means something to you and walk with it as you visit each room.

If it's not easy for you to walk round your home, please use the images beside each room to help with your reflections. ON 17th June we will spend some time reflecting on the experience of our prayer walk, what we give thanks for and what we would prefer to give away.

An opening prayer

As we reflect in our homes, Lord, help us to concentrate on you
As we put aside the things that distract us, Lord, help us to concentrate on you
As we leave behind the things that worry us, Lord, help us to concentrate on you
As we forget about ourselves, Lord, help us to concentrate on you
As we worship you, Lord, help us to concentrate on you
As we reflect, Lord, help us to concentrate on you
As we hear your teaching, Lord, help us to concentrate on you

Father God, we thank you for each of our congregations, the communities we serve, our families and friends that we have been unable to meet and we ask that you will help us to grow closer to each other and closer to you as a result of our experiences.

Prayers around the house



For the entrance: O God, protect our going out and our coming in; Let us share the hospitality of this home with all who visit us, that those who enter here may know your love and peace. Grant this through Christ our Lord.

Amen.

For the living room: O God, give your blessings to all who share this room, that we may be knit together in companionship. Grant this through Christ our Lord.

Amen.

For the kitchen: O God, you fill the hungry with good things. Send your blessing on us, as we work in this kitchen, and make us ever thankful for our daily bread. Grant this through Christ our Lord.

Amen.

For the dining room: Blessed are you, Lord of heaven and earth, for you give us food and drink to sustain our lives and make our hearts glad. Help us to be grateful for all your mercies, and mindful of the needs of others. Grant this through Christ our Lord.

Amen.



For the bedrooms: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake we may keep watch with Christ, and asleep, we may rest in his peace. Grant this through Christ our Lord.

Amen.



For the bathroom: Blessed are you, Lord of heaven and earth.

You formed us in wisdom and love. Refresh us in body and in spirit, and keep us in good health that we might serve you. Grant this through Christ our Lord.

Amen.



For the garden: God of grace, in the story of creation, you made the earth a garden and entrusted it to us to till and to keep, a place of peace and beauty where we could walk with you.

Amen

Conclusion:

Be our shelter, Lord, when we are at home, our companion when we are away, and our welcome guest when we return. and at last receive us into the dwelling place you have prepared for us in your Father's house, where you live for ever and ever.