DIOCESAN PILGRIMAGE 2018





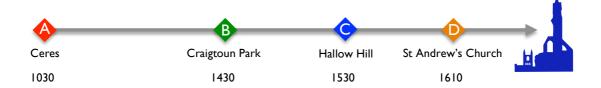


To help us experience something of the spiritual potential of pilgrimage, a section of the Fife Pilgrim Way will be navigated on Saturday 28 July this year, ending at the Cathedral ruins in St Andrews, then with refreshments and Evensong at All Saints' Church, nearby.

Destroyed during the Scottish Reformation, St Andrews Cathedral was consecrated in July 1318, the largest church in Scotland, and had already been a major pilgrimage destination for centuries for Christians from all over Europe. The Cathedral ruins remain an attraction for tourists and pilgrims from all over the world, with a renewed spiritual emphasis supported by new pilgrim routes, like the FPW.

Different pilgrimage options have been provided to encourage participation from those with a wide range of mobility requirements and ages, along the different stages of the route. There will be places to rest and pray on the route and each stage will begin with a short act of worship during which any additional pilgrims will be welcomed and incorporated.

- ❖ OPTION A would suit those who are used to walking longer distances over 10 miles covering some rough farm tracks, rural, woodland and urban paths, with some sustained hills to climb (transport back to Ceres will be provided for those who park at the start of this option).
- ❖ OPTION B would suit those who are comfortable with some rougher sections, sloping surfaces and a distance of about **4-5 miles** along country and urban paths. It starts at Craigtoun Country Park so could be part of a longer day out with children (transport back to Craigtoun will be provided for those who park at the start of this option).
- ❖ OPTION C would suit those who are comfortable with up to a **3 mile** route in a fairly flat, urban setting on fairly good tarmac and paved surfaces.
- ❖ OPTION D would suit those who are comfortable with a distance of about **half a mile**, in a flat, urban setting along pavements and the paths and cut grass of the Cathedral ruins.



FURTHER DETAILS OF ROUTES



| Option A | | |
|----------|---|--|
| Place | Bog Well car park, Ceres - outside Fife | e Folk Museum |
| Time | arrive 1030 | depart 1045 |
| Distance | 15 km | |
| Access | use Bog Well car park - transport back | c provided after Evensong at All Saints' |

| Option B | | |
|----------|---|---|
| Place | Craigtoun Park, St Andrews, KYI on the north side of the Park | 6 8NX - meet in the avenue of cypress trees |
| Time | arrive 1430 | depart 1445 |
| Distance | 6 km | |
| Access | use Craigtoun Park car park - trar Saints' | nsport back provided after Evensong at All |

| Option C | | |
|----------|--|--------------------------------------|
| Place | Hallow Hill, St Andrews | |
| Time | arrive I530 | depart 1545 |
| Distance | 4 km (includes access from nearest car p | oark) |
| Access | from Argyle Street car park, travel west | along Lade Braes Walk to Hallow Hill |

| Option D | | |
|----------|---------------------------------------|-------------------------|
| Place | St Andrew's Church, Queens Terrac | e, St Andrews, KY16 9QF |
| Time | arrive 1610 | depart 1630 |
| Distance | I km | |
| Access | street parking or drop off and use ca | r parks |

Please consider the options and choose the one that you feel suits you best. Whatever you decide, you will not be by yourself. Pilgrimage is never a race and the pace used for calculating timings is a modest one of 4 km/hour with an additional allowance for ups, downs, and rests.

Children of all ages are, of course, welcome on the Pilgrimage but need to be supervised by a responsible adult.

We regret that this year's Pilgrimage is not suitable for dogs: the combination of sheep, children, and activities inside church buildings presents many practical difficulties.

Should you have any questions or require further information about the Pilgrimage, please contact Alasdair Coles alasdaircoles@btinternet.com 01334 473193 or 07729 962723.

BOOKING

If you are coming on the Pilgrimage, please let us know some details by completing the form below and posting or emailing by **Saturday 21 July** to:

| rector@allsaints-standrews.org.uk |
|-----------------------------------|
|-----------------------------------|

| A/B/C/D? | Please bring a packed lunch for Option A |
|--------------------|--|
| | |
| nt First Aid quali | ification? |
| es will be recorde | ed during the day for Diocesan and Provincial pu |
| | nt First Aid qual |

